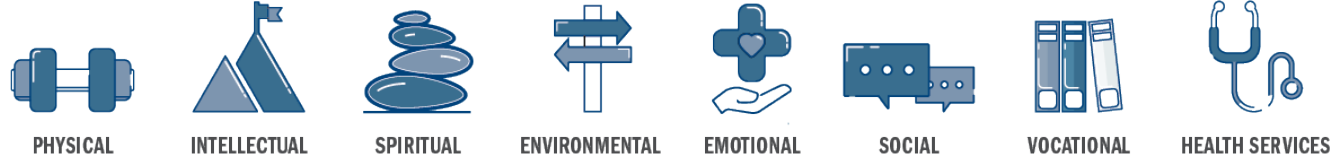




# March 2025


*"Springtime is the land awakening. The March winds are the morning yawn."  
— Lewis Grizzard*

186 Jerry Browne Road  
Mystic, CT. 06355



- 918**– TV Channel 918
- AC**– Aquatic Center (Clubhouse, 2nd Floor)
- ARR**– Avalon Recreation Room
- AUD**– Auditorium
- BR**– Billiards Room (Bldg. 5000, Level 3)
- CAS**– Creative Arts Studio (Clubhouse, 2nd Floor)
- CHR**– Chart Room (by MDR)
- FS**– Fitness Studio (Clubhouse, 2nd Floor)
- FSR**– Fireside Room (by MDR)
- LIB**– Library (Clubhouse, 2nd Floor)
- LL**– Lighthouse Lounge (Bldg. 6000, 4th Floor)
- MDR**– Main Dining Room
- MG**– Mariner's Grille (Clubhouse, 2nd Floor)
- ML**– Main Lobby
- OT**– Occupational Therapy Room (by Avalon)
- PC**– Pickleball Court
- PDR**– Private Dining Room
- PUB**– Jerry Browne Pub
- RCCR**– Residents Council Conference Room (Bldg. 5000, Level 4)
- VG**– Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Call for Appointment:</b></p> <p><b>Dr. Hennessey &amp; Catherine Krenicky, APRN</b> Patricia Murdoch, APRN (Primary Care) (860)464-7274 X110</p> <p><b>Dr. Lawrence's Office</b> (Podiatrist) (401)596-0823</p> <p><b>Dr. Walter's Office</b> (Podiatrist) (860)599-4555</p> <p><b>OnSite Dermatology</b> (877)345-5300</p>	<p><b>DINING ROOM</b> Reservations: 860-437-4052 Takeout: 860-572-5671</p> <p><b>Monday-Saturday</b> Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm <b>Sunday Brunch:</b> 11:00—2:00 pm</p> <p><b>J.B. PUB</b> <b>Monday-Sunday</b> Complimentary Continental Breakfast: 7—10 am.</p> <p><b>MARINER'S GRILLE</b> Reservations: 860-572-5656 <b>Monday-Saturday</b> Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm</p>	<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</p> <p><b>Michael Langlois</b> Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</p> <p><b>Taylor Palmer</b> Community Life Services Associate tpalmer@stoneridgerc.com (860) 437-4041</p> <p><b>Ceilidh Burdick</b> Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411</p>	<p style="color: red; border: 1px solid red; padding: 5px;">Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</p> <p style="color: red; border: 1px solid red; padding: 5px;">Activities and Trips in red require SIGN UP in the Activity Book on the table across from the Mailroom.</p>	<p><b>Hair Salon &amp; Stylists:</b> Tuesday, Wednesday, Friday 9am - 3pm Thursday 8am - 1pm (860)572-5673</p> <p><b>Nail Services:</b> Thursday 9am-3pm</p> <p>.....</p> <p><b>Country Store Hours:</b> Monday—Saturday 10:30 am - 12:30 pm (860) 572-5654</p>		<p>9:30 Lower Body Strength Seated (918)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p><b>1:00 Ping Pong (AUD)</b></p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "Year 10" (918)</p> <p><b>7:30 Saturday Movie: "Year 10" (AUD)</b></p>
<p><b>10:30 Catholic Communion (AUD) Contact Kip Brockmyre to sign up</b> <b>2</b></p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Silent Witness" (918)</p> <p><b>2:30 Winter Cornhole (AUD)</b></p> <p>3:00 Scrabble (PUB)</p> <p><b>7:30 Sunday Movie: "Silent Witness" (AUD)</b></p>	<p>9:00 "For Prayer and Meditation" (918) <b>3</b></p> <p><b>10:00 Decoupage Easter Egg Decorations with Sally and Jilly (CAS)</b></p> <p>1:00 Party Bridge (PUB)</p> <p>1:30 Sit &amp; Stitch/Knitters (RCCR)</p> <p><b>1:30 Lenten Study with John Webster (AUD)</b></p> <p>2:00 Billiards (BR)</p> <p>2:30 Library Committee (PDR)</p> <p><b>6:30 BINGO! (AUD)</b></p>	<p>9:00 "For Prayer and Meditation" (918) <b>4</b></p> <p>9:30 Duplicate Bridge (PUB)</p> <p>10:00 Open Pickleball (PC)</p> <p>12:00 Video "Great Tours: Ireland &amp; Northern Ireland" Ep. 5 &amp; 6 (918)</p> <p>1:00 Canasta (PUB)</p> <p><b>1:00 Ping Pong (AUD)</b></p> <p>1:30 Mahjong (PUB)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p>2:00 Health and Safety Committee (RCCR)</p> <p>2:30 Resident-led Pool Volleyball (AC)</p> <p>4:00 Backgammon (PUB)</p> <p><b>5:00 Mardi Gras Celebration featuring Mystic Noank Community Band Jazz Ensemble (MDR) Sign Up at the Dining Podium</b></p> <p>7:30 Friday Series: "Man on the Inside" S. 1; Ep. 7 &amp; 8 (918)</p>	<p>9:00 "For Prayer and Meditation" (918) <b>5</b></p> <p><b>1:30 TRIP: Custom House and Maritime Museum (New London)</b></p> <p><b>1:30 Episcopal Service (AUD)</b></p> <p><b>1:30 Rosary Service (ARR)</b></p> <p><b>7:30 Poetry in the Pub with Cathy Weiss, Poet Laureate (PUB)</b></p> <p><b>7:30 Musical Movie: "Sing-Sing" (AUD)</b></p>	<p>9:00 "For Prayer and Meditation" (918) <b>6</b></p> <p><b>9:00 Catherine Krenicky, APRN (OT)</b></p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p><b>10:45 StoneRidge Chorus Practice (AUD)</b></p> <p>12:00 Video "Life Lessons from the Great Books" Ep. 27 &amp; 28 (918)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Grounds and Gardens Committee (RCCR)</p> <p><b>2:00 Memoir Writing (LL)</b></p> <p>3:00 Facilities Committee (RCCR)</p> <p><b>3:00 Bob Ross Step-by-Step Painting with Ceilidh (CAS)</b></p> <p>7:30 Musical Movie: "Sing-Sing" (918)</p>	<p>9:00 "For Prayer and Meditation" (918) <b>7</b></p> <p>12:30 Upcoming Events (918)</p> <p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:00 Genealogy Club (LL)</p> <p>2:00 Billiards (BR)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>4:00 Washington Trust Lecture: How to Protect Yourself from Scams (AUD)</b></p> <p>7:00 Poker (PUB)</p> <p><b>7:30 Friday Series: "Palm Royale" S. 1; Ep 1 &amp; 2 (AUD)</b></p>	<p>9:30 Lower Body Strength Seated (918) <b>8</b></p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p><b>1:00 Ping Pong (AUD)</b></p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "The Nickle Boys" (918)</p> <p><b>7:30 Saturday Movie: "The Nickle Boys" (AUD)</b></p>
<p><b>Reoccurring Fitness Classes Monday - Friday</b></p>	<p><b>MONDAY</b></p> <p>9:30 Seated Range of Motion (918)</p> <p><b>9:30 Intro to Tap (FS)</b></p> <p><b>10:30 Stable &amp; Strong (AUD)</b></p> <p>8:30 Meditation for Relaxation (918)</p>	<p><b>TUESDAY</b></p> <p><b>9:00 Slow Flow H2O (Pool)</b></p> <p>9:30 Lower Body Strength (918)</p> <p><b>10:00 Zumba Gold (AUD)</b></p> <p><b>10:35 Zumba Gold, Seated (AUD)</b></p> <p><b>11:00 Yoga (AUD)</b></p> <p>2:00 Calming Meditation (918)</p>	<p><b>WEDNESDAY</b></p> <p><b>9:30 Water Aerobics, Splash! (Pool)</b></p> <p>9:30 Seated Range of Motion (918)</p> <p><b>10:30 Stable &amp; Strong (AUD)</b></p> <p>8:30 Meditation for Relaxation (918)</p>	<p><b>THURSDAY</b></p> <p>9:30 Lower Body Strength Chair (918)</p> <p><b>10:00 Heart Healthy Hustle (AUD)</b></p> <p><b>10:35 Range of Motion Exercises (FS)</b></p> <p>11:00 Qi Gong Seated (918)</p> <p><b>11:00 Tai Chi Balance (RSVP Class FS)</b></p> <p><b>1:30 Intro to Tap (FS)</b></p> <p>2:00 Positive Energy Meditation (918)</p>	<p><b>FRIDAY</b></p> <p><b>9:00 Slow Flow H2O (Pool)</b></p> <p>9:30 Seated Range of Motion (918)</p> <p><b>10:30 Stable &amp; Strong (AUD)</b></p> <p>8:30 Meditation for Relaxation (918)</p>	<p><b>Aquatic Center &amp; Fitness Center</b> 7 Days A Week 8:00am—8:00pm</p> <p><b>Contact Julie Oliver, Fitness Specialist for more information (860)572-5657</b></p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>10:30 Catholic Communion (AUD) Contact Kip Brockmyre to sign up</b> <b>9</b> 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Bonnie and Clyde" (918) <b>2:30 Winter Cornhole (AUD)</b> 3:00 Scrabble (PUB) <b>7:30 Sunday Movie: "Bonnie and Clyde" (AUD)</b> 	9:00 "For Prayer and Meditation" (918) <b>10</b> <b>9:00 Dr. Hennessey, Primary Care (OT)</b> 1:00 Party Bridge (PUB) <b>1:30 Sit &amp; Stitch/Knitters (RCCR)</b> <b>1:30 Lenten Study with John Webster (AUD)</b> <b>1:30 Food and Beverage Committee (CHR)</b> 2:00 Billiards (BR) <b>4:00 Finland's War Years 1939-1945: How Did Finland Maintain its Independence? with Anita Smiley (AUD)</b> <b>6:30 BINGO! (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>11</b> 9:30 Duplicate Bridge (PUB) 10:00 Open Pickleball (PC) 12:00 Video "Great Tours: Ireland & Northern Ireland" Ep. 7 & 8 (918) <b>1:00 Book Club (RCCR)</b> <b>1:00 Ping Pong (AUD)</b> 1:00 Canasta (PUB) <b>1:30 Caregivers Support Group (CHR)</b> 1:30 Mahjong (PUB) <b>2:00 Computer &amp; Device Help (MG)</b> 2:30 Resident-led Pool Volleyball (AC) <b>2:30 Great Decisions: India Between China, The West and the Global South with Moderator John Webster (AUD)</b> 4:00 Backgammon (PUB) <b>5:30 Take Out Dinner with Ralph Wood (CHR)</b> 7:30 Friday Series: "Palm Royale" S. 1; Ep. 1 & 2 (918)	9:00 "For Prayer and Meditation" (918) <b>12</b> <b>9:00 OnSite Dermatology, Call for Appointment</b> <b>11:30 TRIP: Lunch at Brazen Hen (Westerly)</b> <b>1:30 Episcopal Service (AUD)</b> <b>1:30 Rosary Service (ARR)</b> <b>3:00 Celtic Illumination Demonstration and Craft (CAS)</b> <b>7:30 Musical Movie: "Umbrellas of Cherbourg" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>13</b> <b>9:00 Catherine Krenicky, APRN (OT)</b> <b>10:00 Coffee and Conversations with the Resident Council (PUB)</b> 10:00 Open Pickleball (PC) 10:30 Blood Pressure Clinic (Linda Hart's Office) <b>10:45 StoneRidge Chorus Practice (AUD)</b> 12:00 Video "Life Lessons from the Great Books" Ep. 29 & 30 (918) 1:00 Cribbage (PUB) 1:00 Welcome Committee (CHR) 2:00 Stone Quilters (RCCR) <b>2:00 Memoir Writing Class (LL)</b> <b>4:00 Resident Portal Information Session with Michael (AUD)</b> 7:30 Musical Movie: "Umbrellas of Cherbourg" (918)	9:00 "For Prayer and Meditation" (918) <b>14</b> 12:30 Upcoming Events (918) <b>1:00 Quilting Lessons with the Stone Quilters (RCCR)</b> <b>2:00 Computer &amp; Device Help (MG)</b> 2:00 Billiards (BR) <b>3:00 Northern Epics Lecture Series "Hero Stories of Beowulf and Sigurd the Dragonslayer" (AUD)</b> 7:00 Poker (PUB) <b>7:30 Friday Series: "Palm Royale" S. 1; Ep. 3 &amp; 4 (AUD)</b>	9:30 Lower Body Strength, Seated (918) <b>15</b> 10:00 Open Pickleball (PC) 11:00 Qi Gong (918) <b>1:00 Ping Pong (AUD)</b> 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "A Complete Unknown" (918) <b>7:30 Saturday Movie: "A Complete Unknown" (AUD)</b>
<b>10:30 Catholic Communion (AUD) Contact Kip Brockmyre to sign up</b> <b>16</b> 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "The Quiet Man" (918) <b>2:30 Winter Cornhole (AUD)</b> 3:00 Scrabble (PUB) <b>7:30 Sunday Movie: "The Quiet Man" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>17</b> <b>9:00 Dr. Hennessey, Primary Care (OT)</b> 1:00 Duplicate Bridge (PUB) <b>1:30 Sit &amp; Stitch/Knitters (RCCR)</b> <b>1:30 Lenten Study with John Webster (AUD)</b> 2:00 Billiards (BR) <b>4:00 St. Patrick's Day Happy Hour (PUB)</b> <b>6:30 BINGO! (AUD)</b>	<b>No In-Person Morning Fitness Classes in the Auditorium</b> <b>18</b> 9:00 "For Prayer and Meditation" (918) 10:00 Open Pickleball (PC) <b>11:00 Resident Update Meeting (AUD)</b> 12:00 Video "Great Tours: Ireland & Northern Ireland" Ep. 9 & 10 (918) <b>1:00 Residents for Conservation Action Committee (RCCR)</b> <b>1:00 Ping Pong (AUD)</b> 1:30 Mahjong (PUB) <b>2:00 Computer &amp; Device Help (MG)</b> 2:30 Resident-led Pool Volleyball (AC) 4:00 Backgammon (PUB) <b>3:00 Zen Art Hour: Tactile Art Exploration (CAS)</b> <b>4:00 Orthopedic Talk with Dr. Mirka Normand "Understanding and Protecting Your Thumbs" (AUD)</b> 7:30 Friday Series: "Palm Royale" S. 1; Ep. 3	9:00 "For Prayer and Meditation" (918) <b>19</b> <b>11:00 An Introduction to the Library (LIB)</b> <b>1:30 Episcopal Service (AUD)</b> <b>1:30 Rosary Service (ARR)</b> <b>3:00 Art Talk with Ceilidh: Arts vs Crafts (PUB)</b> <b>7:30 Musical Movie: "High Society" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>20</b> 10:00 Open Pickleball (PC) 10:30 Blood Pressure Clinic (Linda Hart's Office) <b>10:45 StoneRidge Chorus Practice (AUD)</b> 12:00 Video "Life Lessons from the Great Books" Ep. 31 & 32 (918) 1:00 Cribbage (PUB) 1:00 Resident Marketing Committee (RCCR) 2:00 Stone Quilters (RCCR) <b>2:00 Memoir Writing (LL)</b> <b>3:00 Movie Matinee "Wild Mountain Thyme" (AUD)</b> 7:30 Musical Movie: "High	9:00 "For Prayer and Meditation" (918) <b>21</b> 12:30 Upcoming Events (918) <b>1:00 Quilting Lessons with the Stone Quilters (RCCR)</b> <b>2:00 Computer &amp; Device Help (MG)</b> 2:00 Billiards (BR) <b>3:00 Documentary with Dow Davis "Harriet Tubman, Visions of Freedom" (AUD)</b> 7:00 Poker (PUB) <b>7:30 Friday Series: "Palm Royale" S. 1; Ep. 5 &amp; 6 (AUD)</b>	9:30 Lower Body Strength, Seated (918) <b>22</b> 10:00 Open Pickleball (PC) 11:00 Qi Gong (918) <b>11:00 Bocce 101 with Scott Taylor (BC)</b> <b>1:00 Ping Pong (AUD)</b> 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "A Real Pain" (918) <b>7:30 Saturday Movie: "A Real Pain" (AUD)</b>
<b>No Church Service Transportation 3/23</b> <b>10:30 Catholic Communion (AUD) Contact Kip Brockmyre to sign up</b> <b>23</b> 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Innocent" (918) <b>2:30 Winter Cornhole (AUD)</b> 3:00 Scrabble (PUB) <b>7:30 Sunday Movie: "Innocent" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>24</b> <b>9:00 Dr. Hennessey, Primary Care (OT)</b> 1:00 Party Bridge (PUB) <b>1:30 Sit &amp; Stitch/Knitters (RCCR)</b> <b>1:30 Lenten Study with John Webster (AUD)</b> 2:00 Billiards (BR) <b>3:00 Finance Committee Meeting (RCCR)</b> <b>4:00 Doug McKeehan on Piano (AUD)</b> <b>6:30 BINGO! (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>25</b> 9:30 Duplicate Bridge (PUB) 10:00 Open Pickleball (PC) 12:00 Video "Great Tours: Ireland & Northern Ireland" Ep. 11 & 12 (918) 1:00 Canasta (PUB) <b>1:00 Ping Pong (AUD)</b> 1:30 Mahjong (PUB) <b>2:00 Computer &amp; Device Help (MG)</b> 2:30 Resident-led Pool Volleyball (AC) <b>3:00 Connecticut Museum of Culture and History Lecture "Hartford Circus Fire" (AUD)</b> 4:00 Backgammon (PUB) 7:30 Friday Series: "Palm Royale" S. 1; Ep. 5 & 6 (918)	9:00 "For Prayer and Meditation" (918) <b>26</b> 9:30 Residents Council Meeting (RCCR) <b>1:30 TRIP: Lyman Allyn Art Museum</b> <b>1:30 Episcopal Service (AUD)</b> <b>1:30 Rosary Service (ARR)</b> <b>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</b> <b>7:30 Musical Movie: "La La Land" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>27</b> <b>9:00 Catherine Krenicky, APRN (OT)</b> <b>10:00 Health and Wellness Coffee and Conversations (PUB)</b> 10:00 Open Pickleball (PC) 10:30 Blood Pressure Clinic (Linda Hart's Office) <b>10:45 StoneRidge Chorus Practice (AUD)</b> 12:00 Video "Life Lessons from the Great Books" Ep. 33 & 34 (918) 1:00 Cribbage (PUB) 2:00 Recreation Committee (RCCR) <b>2:00 Memoir Writing (LL)</b> <b>3:00 Stanley Carpenter Lecture Series: 80th Anniversary of WWII in Europe Part 1- Air and Sea: Battles of Britain and the Atlantic, 1939-1943 (AUD)</b> 7:30 Musical Movie: "La La Land" (918)	9:00 "For Prayer and Meditation" (918) <b>28</b> <b>11:00 Transportation to the Portuguese Club Fish Fry</b> 12:30 Upcoming Events (918) <b>1:00 Quilting Lessons with the Stone Quilters (RCCR)</b> <b>2:00 Computer &amp; Device Help (MG)</b> <b>3:30 Documentary Video "On the Way to School" (AUD)</b> 7:00 Poker (PUB) <b>7:30 Friday Series: "Palm Royale" S. 1; Ep 7 &amp; 8 (AUD)</b>	9:30 Lower Body Strength, Seated (918) <b>29</b> 10:00 Open Pickleball (PC) 11:00 Qi Gong (918) <b>1:00 Ping Pong (AUD)</b> 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Unstoppable" (918) <b>6:30 Transportation to Eastern Connecticut Symphony Orchestra</b> <b>7:30 Saturday Movie: "Unstoppable" (AUD)</b>
<b>10:30 Catholic Communion (AUD) Contact Kip Brockmyre to sign up</b> <b>30</b> 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Rose" (918) <b>2:30 Winter Cornhole (AUD)</b> 3:00 Scrabble (PUB) <b>7:30 Sunday Movie: "Rose" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>31</b> <b>9:00 Dr. Hennessey, Primary Care (OT)</b> 1:00 Party Bridge (PUB) <b>1:30 Sit &amp; Stitch/Knitters (RCCR)</b> <b>1:30 Lenten Study with John Webster (AUD)</b> 2:00 Billiards (BR) <b>4:00 Happy Hour with Anita Smiley (PUB)</b> <b>6:30 BINGO! (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>32</b> 9:30 Duplicate Bridge (PUB) 10:00 Open Pickleball (PC) 12:00 Video "Great Tours: Ireland & Northern Ireland" Ep. 13 & 14 (918) 1:00 Canasta (PUB) <b>1:00 Ping Pong (AUD)</b> 1:30 Mahjong (PUB) <b>2:00 Computer &amp; Device Help (MG)</b> 2:30 Resident-led Pool Volleyball (AC) <b>3:00 Connecticut Museum of Culture and History Lecture "Hartford Circus Fire" (AUD)</b> 4:00 Backgammon (PUB) 7:30 Friday Series: "Palm Royale" S. 1; Ep. 5 & 6 (918)	9:00 "For Prayer and Meditation" (918) <b>33</b> 9:30 Residents Council Meeting (RCCR) <b>1:30 TRIP: Lyman Allyn Art Museum</b> <b>1:30 Episcopal Service (AUD)</b> <b>1:30 Rosary Service (ARR)</b> <b>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</b> <b>7:30 Musical Movie: "La La Land" (AUD)</b>	9:00 "For Prayer and Meditation" (918) <b>34</b> <b>9:00 Catherine Krenicky, APRN (OT)</b> <b>10:00 Health and Wellness Coffee and Conversations (PUB)</b> 10:00 Open Pickleball (PC) 10:30 Blood Pressure Clinic (Linda Hart's Office) <b>10:45 StoneRidge Chorus Practice (AUD)</b> 12:00 Video "Life Lessons from the Great Books" Ep. 35 & 36 (918) 1:00 Cribbage (PUB) 2:00 Recreation Committee (RCCR) <b>2:00 Memoir Writing (LL)</b> <b>3:00 Stanley Carpenter Lecture Series: 80th Anniversary of WWII in Europe Part 2- Air and Sea: Battles of Britain and the Atlantic, 1939-1943 (AUD)</b> 7:30 Musical Movie: "La La Land" (918)	9:00 "For Prayer and Meditation" (918) <b>35</b> <b>11:00 Transportation to the Portuguese Club Fish Fry</b> 12:30 Upcoming Events (918) <b>1:00 Quilting Lessons with the Stone Quilters (RCCR)</b> <b>2:00 Computer &amp; Device Help (MG)</b> <b>3:30 Documentary Video "On the Way to School" (AUD)</b> 7:00 Poker (PUB) <b>7:30 Friday Series: "Palm Royale" S. 1; Ep 7 &amp; 8 (AUD)</b>	9:30 Lower Body Strength, Seated (918) <b>36</b> 10:00 Open Pickleball (PC) 11:00 Qi Gong (918) <b>1:00 Ping Pong (AUD)</b> 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Unstoppable" (918) <b>6:30 Transportation to Eastern Connecticut Symphony Orchestra</b> <b>7:30 Saturday Movie: "Unstoppable" (AUD)</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1:30 Shopping	Reoccurring Transportation Sunday - Friday
9:00 Transportation to Mystic Congregational Church 9:45 Transportation to St. Patrick's Church	8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments 1:30 Grocery Shopping: McQuades and Big Y	8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments	8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments	8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments	7th- Waterford Walmart & Lowes 14th- Groton Rte 1 & Groton Shopping Plaza 21st- Waterford Target, Crystal Mall, New London Mall 28th- Downtown Westerly & Westerly Shopping Center	<b>Reoccurring Transportation Sunday - Friday</b>