



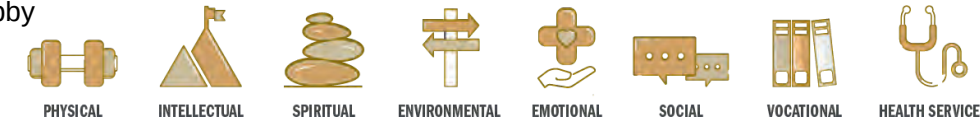
September 2026

"September days have the warmth of summer in their briefer hours, but in their lengthening evenings a prophetic breath of autumn." — Rowland E. Robinson

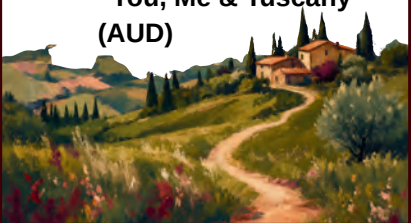
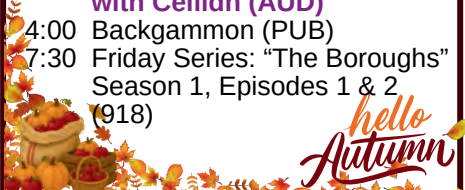
918– TV Channel 918
AC– Aquatic Center (Clubhouse, Level 2)
AG– Art Gallery (Clubhouse, Level 2)
ARR– Avalon Recreation Room
AUD– Auditorium
BR– Billiards Room (Bldg. 5000, Level 3)
CAS– Creative Arts Studio (Clubhouse, Level 2)
CHR– Chart Room (by MDR)
ECR– Executive Conference Room (Clubhouse, Level 3)

FS– Fitness Studio (Clubhouse, Level 2)
FSR– Fireside Room (by MDR)
LIB– Library (Clubhouse, Level 2)
LL– Lighthouse Lounge (Bldg. 6000, Level 4)
MDR– Main Dining Room
MG– Mariner's Grille (Clubhouse, Level 2)
ML– Main Lobby

OT– Occupational Therapy Room (by Avalon)
PC– Pickleball Court
PDR– Private Dining Room
PUB– Jerry Browne Pub
RCCR– Residents Council Conference Room (Bldg. 5000, Level 4)
VG– Village Green (Outside Mariner Grille)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact: Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601 Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411 Tiffany Burley Community Life Services Associate tburley@stoneridgerc.com (860) 437-4041	DINING ROOM Reservations: (860) 437-4052 Takeout: (860) 572-5671 Monday-Saturday Lunch: 12:00–2:00 pm Dinner: 5:00–7:30 pm Sunday Brunch: 11:00–2:00 pm J.B. PUB Monday-Sunday Complimentary Continental Breakfast: 7:30–10:30 am. MARINER'S GRILLE Reservations: (860) 572-5656 Monday-Saturday Lunch: 12:00–2:00 pm Dinner: 5:00–7:30 pm	9:00 Open Pickleball (PC) 1 9:30 Duplicate Bridge (PUB) 1:00 Canasta (PUB) 1:30 Resident-Led Pool Volleyball (AC) 2:00 Computer & Device Help (MG) 2:00 Mystic Museum of Art Printmaking Workshop (Off-site) 3:00 Crow's Nest Meeting (PDR) 4:00 Backgammon (PUB) 7:30 Friday Series: "Seaside Hotel" Season 10, Episodes 4 & 5 (918)	10:30 TRIP: Revolutionary War Tour of New London and Groton with Michael 2 1:30 Rosary Service (ARR) 1:30 Episcopal Service (AUD) 7:30 Science Fiction Movie: "2001: A Space Odyssey" (AUD) 7:30 Poetry in the Pub (PUB) 	No In-Person Fitness Classes 3 9:00 Open Pickleball (PC) 10:30 Blood Pressure Clinic (Linda Hart's Office) 1:00 Cribbage (PUB) 1:00 "Salon des Indépendants" Art Show Opening (AG) 1:30 Art Salon Discussion (AG) 2:00 Computer & Device Help (MG) 3:00 Facilities Committee (RCCR) 7:30 Science Fiction Movie: "2001: A Space Odyssey" (918)	No In-Person Fitness Classes 4 9:00 Open Studio (CAS) 1:00 Quilting Lessons with the StoneQuilters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 2:00 Genealogy Club (CAS) 3:00 "Documenting Broteer Venture Smith" Lecture with Nick Bellantoni (AUD) 7:30 Friday Series: "Seaside Hotel" Season 10, Episodes 6 & 7 (AUD)	9:00 Open Pickleball (PC) 5 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Fitzcarraldo" (918) 7:30 Saturday Movie: "Fitzcarraldo" (AUD) Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up-to-date information.
10:30 Catholic Communion 6 Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "The Devil Wears Prada 2" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "The Devil Wears Prada 2" (AUD)	No Transportation or In-Person Fitness Classes 7 12:00 Labor Day Picnic (MDR) 1:30 Sit & Stitch/Knitters (RCCR) 2:00 Billiards (BR) 	9:00 Open Pickleball (PC) 8 9:30 Duplicate Bridge (PUB) 10:00 Coffee & Conversations with Pamela Klapproth (CHR) 11:00 Community Life Committee (ECR) 1:00 Canasta (PUB) 1:30 Caregiver Support Group (PDR) 1:30 Resident-Led Pool Volleyball 2:00 Computer & Device Help (MG) 2:00 Health and Wellness Committee (RCCR) 2:30 Great Decisions: "The Future of Human Rights and International Law" with Moderator Jane Allen (AUD) 4:00 Backgammon (PUB) 5:30 Take Out Dinner with Ralph Wood (CHR) 7:30 Friday Series: "Seaside Hotel" Season 10, Episodes 6 & 7 (918)	1:30 Episcopal Service (AUD) 9 1:30 Rosary Service (ARR) 2:30 Zen Art-Painted Tote Bags (CAS) 4:00 The Marine Paintings of Russ Kramer (AUD) 7:30 Science Fiction Movie: "The Terminator" (AUD)	9:00 Catherine Krenicky, APRN (OT) 10 9:00 Open Pickleball (PC) 10:00 Coffee and Conversations with the Resident Council (PUB) 10:30 Blood Pressure Clinic (Linda Hart's Office) 11:15 TRIP: Lunch at Breachway Grill followed by "You've Still Got a Friend" at Theatre By The Sea 1:00 Cribbage (PUB) 1:00 Welcome Committee (CHR) 1:00 Grounds and Gardens Committee (RCCR) 2:00 Computer & Device Help (MG) 7:30 Science Fiction Movie: "The Terminator" (918)	Random acts of Kindness 11 9:00 Open Studio (CAS) 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 2:00 Cider and Donuts for Alzheimer's (PUB) 3:00 Broadway Comes to StoneRidge: "Come From Away" (AUD) 7:30 Friday Series: "Seaside Hotel" Season 10, Episodes 8 & 9 (AUD)	9:00 Open Pickleball (PC) 12 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Stand by Me" (918) 7:30 Saturday Movie: "Stand by Me" (AUD) Happy Grandparents Day! Aquatic Center & Fitness Center 7 Days A Week 8:00am–8:00pm
Reoccurring Fitness Classes	MONDAY 9:30 Seated Range of Motion (918) 9:30 Seated Tap Dancing (RSVP, FS) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	TUESDAY 9:00 Slow Flow H2O (AC) 9:30 Lower Body Strength (918) 10:00 Zumba Gold (AUD) 11:00 Yoga (AUD) 2:00 Calming Meditation (918)	WEDNESDAY 9:30 Chair Lift & Swim (AC) 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	THURSDAY 9:00 Slow Flow H2O (AC) 9:30 Lower Body Strength Chair (918) 10:00 Heart Healthy Hustle (AUD) 11:00 Qi Gong Seated (918) 11:00 Tai Chi Balance (RSVP Class FS) 2:00 Positive Energy Meditation (918)	FRIDAY 9:30 Chair Lift & Swim (AC) 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	Contact Julie Oliver, Fitness Specialist for more Information (860) 572-5657

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Catholic Communion Contact Kip Brockmyre to sign up 13 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Breakfast at Tiffany's" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "Breakfast at Tiffany's" (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 14 9:30 Duplicate Bridge (PUB) 1:30 Sit & Stitch/Knitters (RCCR) 1:30 Culinary Committee (CHR) 2:00 Billiards (BR) 2:30 Library Committee (LIB) 4:00 Happy Hour (PUB) 6:30 BINGO! (AUD)	No In-Person Fitness Classes 15 9:30 Resident Update Meeting for Buildings 1, 2, & 3 (AUD) 11:00 Resident Update Meeting for Buildings 4, 5, & 6 (AUD) 1:00 Canasta (PUB) 1:00 Book Club (AUD) 1:30 Residen-Led Pool Volleyball (AC) 1:30 Residents for Conservation Action (RCCR) 2:00 Computer & Device Help (MG) 2:00 Book Binding Workshop (CAS) 3:00 "Understanding Neuropathy" with Dr. Tinklepaugh (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: "Seaside Hotel" Season 10, Episdodes 8 & 9 (918)	10:00 TRIP: MMOA for "Luxe CT: Velvet Mills to Modern Runways" Curator Tour 16 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 1:30 Transportation to Parkinson's Support Group at Masonicare Contact LoriAnn to Sign Up 7:30 Science Fiction Movie: "Invasion of the Body Snatchers" (AUD)	9:00 Catherine Krenicky, APRN (OT) 17 9:00 Open Pickleball (PC) 9:30 Committee Chairs Meeting (CHR) 10:30 Blood Presssure Clinic (Linda Hart's Office) 1:00 Cribbage (PUB) 1:00 Resident Marketing Committee (RCCR) 1:30 Memoir Writing Class with Deb Adamson (LL) 2:00 Stone Quilters (RCCR) 2:00 Computer & Device Help (MG) 7:30 Science Fiction Movie: "Invasion of the Body Snatchers" (918)	9:00 Open Studio (CAS) 18 10:00 Scholarship Committee (RCCR) 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 3:00 Documentaries with Dow: "The Polio Crusade" (AUD) 7:30 Friday Series: "The Boroughs" Season 1, Episodes 1 & 2 (AUD)	9:00 Open Pickleball (PC) 19 9:30 Lower Body Strength, Seated (918) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "You, Me & Tuscany" (918) 7:30 Saturday Movie: "You, Me & Tuscany" (AUD) 
10:30 Catholic Communion Contact Kip Brockmyre to sign up 20 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "You've Got Mail" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "You've Got Mail" (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 21 1:30 Sit & Stitch/Knitters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 2:00 Cultural Diversity Fair (MDR, CHR, FSR) 3:00 Finance Committee (RCCR) 6:30 BINGO! (AUD) 	9:00 Open Pickleball (PC) 22 9:30 Duplicate Bridge (PUB) 1:30 Residents for Conservation Action Committee (RCCR) 1:30 Caregivers Support Group with LoriAnn (PDR) 1:30 Resident-Led Pool Volleyball (AC) 2:00 Computer & Device Help (MG) 3:00 "Don't Leave me Hanging: Irony, Intrigue, and the Salem Witch Trials" Talk with Ceilidh (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: "The Boroughs" Season 1, Episodes 1 & 2 (918) 	9:30 Resident's Council Meeting (RCCR) 23 10:00 TotalVision (OT) 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 1:45 TRIP: Sabino Downriver Tour 7:30 Science Fiction Movie: "Blade Runner" (AUD)	10:30 Blood Pressure Clinic (Linda Hart's Office) 24 11:00 Art Committee (CAS) 1:00 Cribbage (PUB) 1:00 Zibrio Balance Program (FS) *Note Location* 1:30 Memoir Writing Class with Deb Adamson (LL) 2:00 Computer & Device Help (MG) 7:30 Science Fiction Movie: "Blade Runner"(918)	9:00 Open Studio (CAS) 25 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Current Events with Kevin Buterbaugh (AUD) 2:00 Billiards (BR) 7:30 Friday Series: "The Boroughs" Season 1, Episodes 3 & 4 (AUD)	9:00 Open Pickleball (PC) 26 9:00 Walk for Alzheimer's at Ocean Beach Park 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Paul McCartney: Man on the Run" (918) 7:30 Saturday Movie: "Paul McCartney: Man on the Run" (AUD) Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.
10:30 Catholic Communion Contact Kip Brockmyre to sign up 27 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "The Grapes of Wrath" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "The Grapes of Wrath" (AUD) For Medical Appointments, Call the Transportation Department at (860) 572-5604 Email: transportation@stoneridgerc.com	9:00 Dr. Hennessey, Primary Care (OT) 28 1:30 Sit & Stitch/Knitters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 3:00 Ellipsis Woodwind Trio (AUD) 6:30 BINGO! (AUD)	9:00 Dr. Walter, Podiatrist (OT) 29 9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB) 1:00 Canasta (PUB) 1:30 Residen-Led Pool Volleyball 2:00 Computer & Device Help (MG) 3:00 "Around the World with National Geographic" with Todd Gipstein (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: "The Boroughs" Season 1, Episodes 3 & 4 (918)	9:00 Community Connections (AUD) 30 1:00 Recreation Committee (RCCR) 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB) 3:00 Art Talks with Ceilidh: "Medieval Illuminations: Humor and Surprises" (PUB) 7:30 Science Fiction Movie: "Close Encounters of the Third Kind" (AUD)		Call for Appointment: Dr. Hennessey & Catherine Krenicky, APRN (Primary Care) (860) 464-7274 X112 Dr. Lawrence's Office (Podiatrist) (401) 596-0823 Dr. Walter's Office (Podiatrist) (860) 599-4555 TotalVision (860) 415-9292	Hair Salon & Stylists: Wednesday, Thursday, Saturday 9:00 am - 3:00 pm Thursday 11:00 am-3:00 pm (860) 572-5673 Nail Services: Call for appointment Country Store Hours: Monday-Saturday 10:30 am - 2:30 pm (860) 572-5654
SUNDAY 9:00 Transportation to Mystic Congregational Church 9:45 Transportation to St. Patrick's Church	MONDAY 8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments 1:30 Grocery Shopping: McQuade's and Big Y	TUESDAY 8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments	WEDNESDAY 8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments	THURSDAY 8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments	FRIDAY 1:30 Shopping 11th- Groton Rte 1 & Groton Shopping Plaza 18th- Waterford Target, Costco, New London Mall 25th- Downtown Westerly & Westerly Shopping Center	Reoccurring Transportation Sunday - Friday